Healthy Child Clinic
Support and advice from health visitors, whilst getting your baby weighed and measured.

Stay and Play
Drop in for fun activities and learning through play.

Childminders Group
All childminders and their children welcome. Enhance the development of the children in your care by taking advantage of the learning and development opportunities in your centre.

Messy Play
This group lets your child learn and play through activities such as painting, craft and sticking. Come prepared to get messy!

Terrific 2s
Get your 2 year olds ready for Nursery in this Stay and Play session tailored for terrific 2 year olds.

Baby Group
Drop-in parents/carers with children up to 12 months old.

Support for you and your family

Volunteering
- Makes you happier and healthier
- Boosts your confidence and self-esteem
- Enhances your CV
- Opportunity to meet new people
- Chance to gain new skills and experience.
Contact Shaki on: 248 7634, 07739 037 471

Family Support Service
Offering:
- Emotional and practical support
- Specialist groups and courses
- Home visits
- Links to other services
Call 248 7638.

Mental Health
Family life is full of stresses and strains. We have a mental health worker who can help you and provide support with issues such as anxiety, depression and panic attacks. Please ask for Claire Sloss.

Our contact details

Kingshurst
Children’s Centre
Kingshurst Primary School
School Close
Kingshurst B37 6BN
Tel: 0121 248 7659

Yorkswood
Children’s Centre
Yorkswood Primary School
Kingshurst Way
Kingshurst B37 6DF
Tel: 0121 248 7638

Castle Bromwich
Children’s Centre
Hurst Lane
Castle Bromwich B36 0EY
Tel: 0121 248 7659
Kingshurst, Yorkswood and Castle Bromwich
Children’s Centres, Little Explorers Nursery
January – April 2015

<table>
<thead>
<tr>
<th>Monday</th>
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| Maths Course  
Kingshurst  
Starts Jan 2015  
9.30 – 11.30am | Childminders Group  
Kingshurst  
9.30-11am  
Drop-in | Stay and Play  
Castle Bromwich  
1.15 – 2.45pm  
Drop-in | Messy Play  
Kingshurst  
9.15 – 10.45am  
Drop-in | Stay and Play  
Kingshurst  
9.15 – 10.45am  
Drop-in |
| Healthy Child Clinic  
Yorkswood  
2pm – 3pm  
Drop-in | First Aid & Safety at Home Course  
Yorkswood  
21 April (5 weeks)  
9.15 -11.15am | Healthy Child Clinic  
Kingshurst  
1– 3pm  
Drop-in | Terrific 2s  
Yorkswood  
Starts 8 3an  
9.30 – 11am  
Drop-in | Baby Group  
Yorkswood  
1.15 – 2.45pm  
Drop-in |
| First Aid & Safety at Home Course  
Kingshurst  
12 Jan (5 weeks)  
1-3pm | Healthy Child Clinic  
Castle Bromwich  
1– 3pm  
Drop-in | | | |
| E–Safety Course  
Kingshurst  
2 March (4 weeks)  
1-3pm | Stay and Play  
Yorkswood  
1.15 – 2.45pm  
Drop-in | | | |

For more information or to book a place please call 0121 248 7659 or 0121 248 7638. We welcome your feedback and ideas! If you require any further information on the services we offer please contact us on the address overleaf.

Little Explorers Nursery
Offers FREE early education and childcare for eligible two year old in a safe and caring environment. Every morning Monday – Friday at Castle Bromwich

LEN – our Little Explorers Nursery tiger

Legend
- Creche Available
- Booking Required
- Morning
- Afternoon
- Early Learning
- Health
- Music & Movement
- Parents & Carers
- Play
- Support
- You & Your Baby