Your Children’s Centres

At The Children’s Society, family is one of our key priorities. We want to create a society where children and young people are valued, respected and happy. A good start in life is a sure foundation for achieving this.

Our Sure Start children’s centres give babies, young children under five and families the support they need to thrive. Each centre brings parents, grandparents, step-parents, relatives and carers together to learn and play.

Children enjoy fun, educational sessions while adults benefit from a wealth of courses and advice on health, well-being, education and finding work. Volunteering opportunities help parents learn new skills, all the while strengthening the bonds that make families grow.
## Monthly Clinics

<table>
<thead>
<tr>
<th>Monday</th>
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<tbody>
<tr>
<td><strong>Croft</strong></td>
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</table>
| Baby Clinic  
10am-12pm  
Croft CC building  
Call 01793 813 044  
Weekly | Baby Massage  
12.30-1.30pm  
Eldene  
Call 466 436 for details  
Post Natal Support Group  
Eldene  
1.30-2.30pm  
call 465 030 for details | Parentcraft Class  
1-3pm  
Salt Way  
By invitation  
7 April | Baby clinic  
1-2.45pm  
West Swindon Health Centre  
Weekly |
| **Eldene** |  | **Robert le Kyng** |
| Midwife led post natal clinic  
9am-12pm  
Robert le Kyng CC  
Invitation only | Baby Massage  
9.30-10.30am  
Robert le Kyng  
Call 813 044  
Health visitor led post-natal group  
2.30-4pm  
Robert le Kyng CC  
Weekly | Baby Clinic  
2-4pm  
Even Swindon Community Centre  
Call Health Visitors on 01793 877 233  
Weekly |

**Young Parents Group**  
For young parents under 25 and their children.

**Midwife Booking In Appointment - Salt Way**  
For newly expectant mums to be. Your midwife will invite you to make an appointment.

**German Group**  
For families with children 0-5 years (who can speak German and other languages!).

**Rhyme Time**  
Listen to a story and join in with story related activities.

**Wichelstowe Little Stars Toddler Group**  
A group (linked with Family Support Workers) for local families to come and play with their pre-school children.

**Easter Fun Day**  
A day of fun and activities such as face painting, arts & crafts, Free mini movers sessions and more for families living in Eldene, Liden, Covingham & Nythe.

**Dads/Male Carers Group**  
A Stay & Play for fathers, granddads, uncles and male carers with children aged 8 and under.

**Universal Plus (UP) Clinic**  
Run by health visitors to support parents/carers experiencing specific issues relating to their child/ren.

**Lady Birds Toddler Group**  
A group (linked with Family Support Workers) for local families to come and play with their pre-school children.

**Tiny Tots Toddler Group**  
A group for local families to come and play with their pre-school children.

**Healthy Steps**  
An 8 week cooking course for families to develop culinary skills and practice making easy healthy recipes with their families (invitation only).

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*Our activities are for parents/carers with children aged 0-5 years. All families are welcome to attend their local activities unless otherwise stated. A £1 donation would be greatly appreciated for activities run by the children Centre staff.*

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We welcome your feedback and ideas! If you require any further information on the services we offer please contact us on the address at the back.
**Our activities and clinics in detail**

**Midwife Led Post Natal Clinic – RLK**
Midwifery assistant invitation to bring babies under 1 week of age for a health check.

**Baby Massage – RLK**
Learn techniques which help with sleep, routine and general development. Led by a certified infant massage instructor.

**Stay and Play**
Activities for local families/carers to play together with their children aged 0-5 years.

**Baby Clinics**
A Family Support Worker will visit the baby clinics monthly to offer support and advice to families.

**Mini Movers**
Music and movement sessions for babies and toddlers. Please call Sarah for information and charges.

**Swindon Down Syndrome Support Group**
A drop-in for parents/carers involved in the life of a child with Down Syndrome to get together with their children for chat, coffee and play.

**Parentcraft**
Your local midwife hosts a session to provide support, advice and information about what to expect when delivery starts.

**Early Years Visits**
Early Years Workers will be visiting early years settings within the areas of Croft, Eldene, Robert le Kyng and Salt Way to offer advice and support.

**Childminders Group**
A group for local childminders. Families looking for a childminder are welcome to come to these sessions.

**Breastmates**
Support for new mums who want to breastfeed or continue to breastfeed, and their family and friends who want to support them.

**Post Nataal Support Group**
Eldene area support, advice and information for new parents. Must be booked in advance with the health visiting team.

**Nursery Nurse Led Post Natal Group – RLK**
All first time mums and dads with babies under 8 months are welcome.

**Speech & Language Triage**
Appointment based clinic. Please contact the Speech & Language team if you would like to discuss your child's speech development.

**Baby Massage – Eldene**
4-week baby massage course run by health visiting team. Must be booked in advance.

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**Monthly Clinics**

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### Monthly Groups & Activities

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| **Croft**                                                              | **Stay & Play** 9.30-10.45am  
Ellendale Centre  
Wroughton  
Invitation Only  
8 & 22 April  
**Mini Movers** 10-10.30am (babies)  
10.45-11.15am (toddlers)  
Croft CC Building  
Call Sarah on 07984 035 985  
**Childminders group** 10.30am-1pm  
Stay & Play 9.30-10.45am  
**Stay and Play** 9.30-10.45am  
**Healthy Steps** 9.30-11.30  
Invitation Only  
23 April  
**Stay & Play (0-5yrs)** 9.30-10.45am  
3 & 17 April  
**Breastmates** 1.30-3.30pm  
Call Elena Rossi on 871 024  
**German group** 10-11.30am  
**Saturday @ Salt Way**  
Dads/Male Carers Group 10-11.15am  
26 April  | **Ladybirds toddler group** 9.00-11.30am  
Chiseldon school hall  
Call 01793 740 349  
**Tiny tots toddler group** 9.00-11.00am  
St Paul’s Drive  
Covington  
**Easter Fun Day** 10.00-12.00pm  
Liden School Hall  
9 April  
**Stay and Play** 9.30-10.45am  
**St Ives Court by invitation**  
**Eldene stay & Play** 9.30-10.45am  
Eldene CC Building  
11 & 25 April  | **Breastmates** 9.30-11.30am  
Eldene CC Building  
call Elena Rossi on 871 024  
**Stay & Play** 9.30-10.45am  
**Eldene CC Building** 11 & 25 April  | **Mini Movers** 9.30-10am (babies)  
10.20-11am (toddlers)  
Call Sarah on 07984 035 985  
**Rhyme time** 11.15-11.45am  
term time only |

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