

# The Big Stitch – Knitting pattern

You can use almost any wool. Choose your needles to match.

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1. Cast on two stitches
2. Row 1: make one (knit into the front and back of the stitch, m1), knit (k) to last stitch, m1

n.b. for the first row you *make one* twice without knitting in between as there are only two stitches on the previous row

3. Row 2: purl (p) 1 row
4. Repeat these two rows 6 times total until you have 14 stitches.
5. Knit two together (k2tog), k5 and turn leaving 7 stitches on the needle.
6. P2tog, p2, p2tog
7. Cast off 4 stitches, cut a long piece of yarn (about 10 inches) and weave through back of piece to reattach to other side (where you left off when turning).
8. K5, k2tog
9. P2tog, p2, p2tog
10. Cast off 4 stitches
11. Repeat the above pattern for the opposite side of the heart. Sew the two sides together, turn inside out and fill with old yarn.
12. Turn your hearts into key rings, drawer fresheners or Christmas tree decorations. Find more ideas, sponsor forms, knitting tutorials and labels on our website.

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